



strengthening
our home
and family

Deseret Book®

Family Home Evening Materials

Theme: Book of Mormon

Packet #030509

5 tips for successful Family Home Evenings

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.



Book of Mormon

Conference Talk:

For more information on this topic read “Because My Father Read the Book of Mormon,” by Marcos A. Aidukaitis, *Ensign*, Nov 2008, 15–17.

Thought:

The Book of Mormon is a proof that The Church of Jesus Christ of Latter-day Saints is true.

(Marcos A. Aidukaitis, “Because My Father Read the Book of Mormon,” *Ensign*, Nov 2008, 15–17.)

Song:

“Book of Mormon Stories,” *Children’s Songbook*, p.118.

Scripture:

And when ye shall receive these things, I would exhort you that ye would ask God, the Eternal Father, in the name of Christ, if these things are not true; and if ye shall ask with a sincere heart, with real intent, having faith in Christ, he will manifest the truth of it unto you, by the power of the Holy Ghost. And by the power of the Holy Ghost ye may know the truth of all things.

(Moroni 10:4–5)

Lesson:

Write the following Treasure Hunt clues on separate pieces of paper.

1. Look in the place where cookies are sometimes found.
2. Check for a clue in a place where it is freezing.
3. Music sometimes comes from this place.
4. Find something soft, that helps you sleep well at night.
5. Look in the place where the bread turns brown and crisp.
6. Check the place where you look for your toothbrush.
7. This clue is next to something that rings.
8. Here is your treasure.

Keep the first clue and hide the rest of the clues in the places indicated by the previous clue. Place a copy of the Book of Mormon with the last clue. Explain the correlation between the treasure hunt and the Book of Mormon. Because family members followed the directions on each card carefully, they were led to the treasure. Because God loves us, he give us instructions that help lead us back to Him. They are found in the scriptures.

(adapted from Allan K. Burgess and Max H. Molgard, *Fun for Family Night: Book of Mormon Edition*, [Salt Lake City: Bookcraft, 1990], p. 3.)

Story:

I have a little set of scriptures that my mom and dad gave me when I turned seventeen. I had read the Book of Mormon before, but one day it was different. Perhaps I was more in tune with the Spirit or maybe I had studied more diligently and prayed more fervently. I was young, but I wanted to know for myself if the Book of Mormon was true.

On that particular day I came to the part about faith in the thirty-second chapter of Alma. As I finished that chapter, I experienced a feeling that I recognized as a witness from the Holy Ghost. I knew the Book of Mormon was true. I wanted to stand up and shout. I wanted to tell the whole world what I knew and how I felt, but I was alone. So, with tears of joy streaming down

my face, I wrote on the margins, all the way around the page, the feelings in my heart at that moment. I made a big red star in the margin on top of the page and wrote, "May 31st, 7:30 A.M. This I know, written as if to me." Then I wrote in the margin on one side of the page, "I have received a confirmation. I know the Book of Mormon is true!" Across the margin on the other side of the page I wrote, "One month ago I began fasting each Tuesday for a more sure knowledge. This I know."

When I read the Book of Mormon, I feel as if I am getting letters from home from my Heavenly Father, who is guiding me with inspiration in the important choices I must make each day. When I consider how much I love the Book of Mormon and how frequently I turn to it for guidance, inspiration, encouragement, confidence, and increased faith, I wonder sometimes if my great love for this book might have been passed down to me by my great-grandmother.

Almost a century and a half ago, a copy of the Book of Mormon was brought into the home of Susan Kent, my great-grandmother, when she was sixteen years of age. After studying the book, Susan gained a testimony of its messages that was so strong that she could not reject it, although to accept it meant a great sacrifice for her.

At the time Susan was engaged to a young man, and she felt that she could not endure being separated from him; but he would have nothing to do with anyone who would join the Mormons. She did not stop to count the cost. She chose the path of peace for her conscience. However, her heart was so grieved that she could partake of no nourishment for several days. She lapsed into a coma so profound that it had the appearance of actual death. Preparations were being made for her funeral when she awoke asking, "How long have I slept?" With tender care she slowly regained her health, and she and her sister, Abbeale, and their parents joined the Church. I will be eternally thankful to Susan Kent for her testimony of the Book of Mormon and what it meant in her life and now in mine.

(Ardeth Greene Kapp, *My Neighbor, My Sister, My Friend*, [Salt Lake City: Deseret Book, 1990].)

Activity:

Make 9 cards with one of the following statements on each card:

- Lehi's family travels to the promised land.
- The sons of Mosiah convert thousands of Lamanites.
- King Benjamin speaks from the tower.
- Jesus visits the American continent.
- Nephi gets the brass plates.
- Samuel preaches from the city wall.
- Captain Moroni make the title of liberty.
- An angel appears to Alma the Younger
- Happiness

To begin the game, read each card and have someone tell at least one thing about the event listed on the card. If children in the family are older, have each person tell one thing about the event listed on the card. Then mix up the cards and place them face down in three rows of three.

The idea of the game is to see how many cards a family member has to turn over before he or she can find happiness. As soon as one person finds the happiness card, the cards are reshuffled and placed down for the next family member.

Help family members understand that happiness comes from reading the scriptures.

(adapted from Allan K. Burgess and Max H. Molgard, *Fun for Family Night: Book of Mormon Edition*, [Salt Lake City: Bookcraft, 1990], p. 4.)

Refreshment

Chocolate Mint Brownies

- 1 cup sugar
- 1 cup packed brown sugar
- 1 cup butter, softened
- 4 eggs
- 4 (1-ounce) squares baking chocolate
- 2 teaspoons vanilla
- 2 cups flour
- 1/4 teaspoon baking powder

MINT FROSTING

- 1/2 cup butter, softened
- 1/4 cup milk
- 1 teaspoon peppermint extract
- 5 drops red or green food coloring
- 4 cups powdered sugar

CHOCOLATE GLAZE

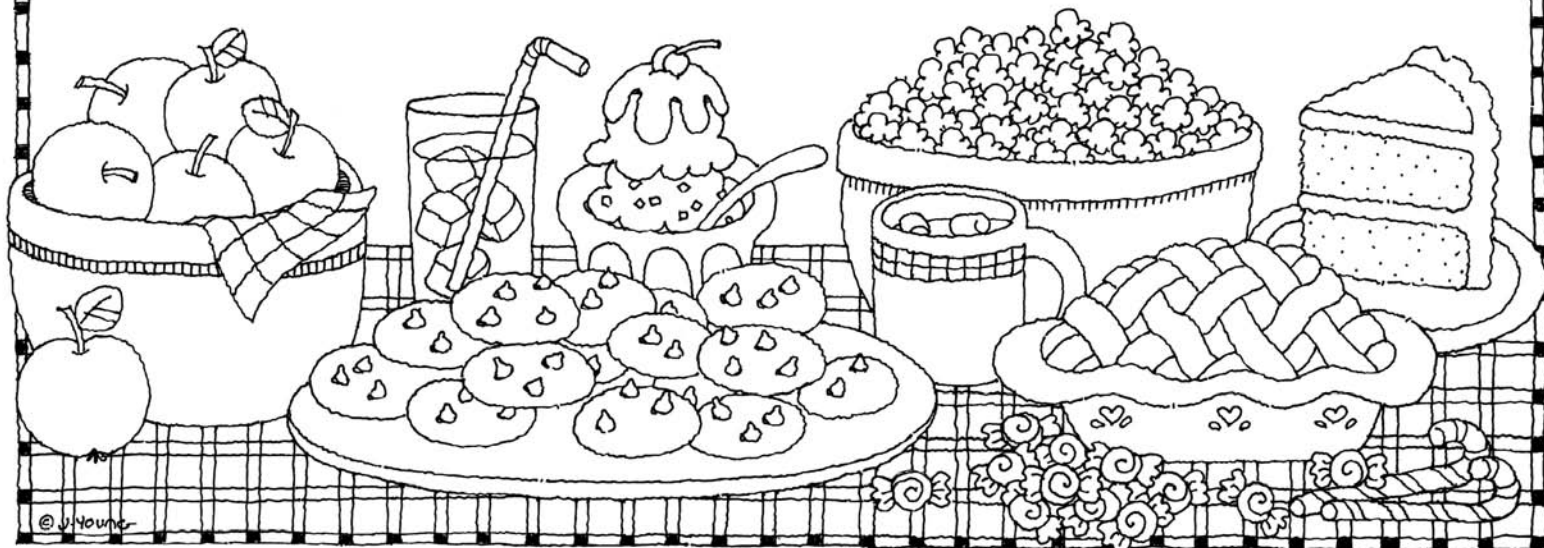
- 3 tablespoons butter
- 1/2 cup chocolate chips
- 1 teaspoon vanilla extract

In a large bowl, cream together sugars and butter until fluffy. Beat in eggs until well blended; set aside. In a small bowl, microwave baking chocolate for 1 minute. Stir and continue to heat at 10-second intervals just until melted. Add melted chocolate to the sugar and butter mixture. Add vanilla. In a separate bowl, stir together flour and baking powder; add to creamed mixture and mix well. Spread batter into a greased 9x13-inch baking dish and bake at 325 degrees for about 25 minutes, or until a toothpick inserted in center comes out with a few fudgy crumbs. When brownies are cool, frost with Mint Frosting and refrigerate for an hour. Drizzle Chocolate Glaze over frosting before serving. Makes about 15 brownies.

Frosting: Mix butter, milk, peppermint extract, and food coloring together. Add powdered sugar and mix well.

Glaze: Microwave butter and chocolate chips together on high power for one minute. Add vanilla and stir. Randomly drizzle glaze over frosted brownies.

(Julie Badger Jensen, *Essential Mormon Celebrations*, [Salt Lake City: Deseret Book, 2005] p. 49.)



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