



strengthening  
our home  
and family

**Deseret Book®**

Family Home Evening Materials

Theme: Fear Not

Packet #060212

### **5 tips for successful Family Home Evenings**

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

# Fear Not

## Conference Talk:

For more information on this topic read “Perfect Love Casteth Out Fear,” by L. Tom Perry, *Ensign*, Nov. 2011, 41.

## Thought:

Speak up about the Church. In the course of our everyday lives . . . If we simply love God and love our neighbors, we are promised that we will overcome our fears.

(L. Tom Perry, “Perfect Love Casteth Out Fear,” *Ensign*, Nov. 2011, 41.)

## Song:

“I Am Like a Star,” *Children’s Songbook*, p. 163.

## Scripture:

There is no fear in love; but perfect love casteth out fear.

(1 John 4:18)

## Lesson:

Write the following names and titles on separate strips of paper: Queen, King, Missionary, Prophet, Soldier, and Servant. Show each strip of paper one by one. Have your family put the strips of paper in order of the most influential to the least influential. Ask why they placed them in the order they did.

Divide your family into groups. Assign the following scripture blocks to the groups: Alma 19:16–19, Alma 19:19–23, Alma 19:24–27, and Alma 19:28–32. When they are finished, have each group summarize what they read. The following questions will help in understanding:

- What was the name of the servant who didn’t fall to the earth? (Verse 16.)
- What did Abish do when she saw that all the others had fallen to the earth? (Verse 17.)
- How did others react after they had gathered? (Verses 19, 20, and 25–27.)
- What happened to the man who raised his hand to kill Ammon and why? (Verse 22.)
- What happened when a hand raised the queen? (Verse 29.)
- How many people listened to the message of the king?
- How much influence did Abish, the woman servant, have on the Lamanites?
- What does this teach you about how important each person is in the Lord’s plan?

(Dennis H. Leavitt and Richard O. Christensen, *Scripture Study for Latter-day Saint Families: The Book of Mormon*, [Salt Lake City: Deseret Book, 2003], p. 182.)

## Story:

Samuel Smith was Joseph Smith’s brother. He loved Joseph and knew that he was a prophet of God. He also knew that the Book of Mormon was true. Samuel had been one of the witnesses who had been allowed to see and feel the gold plates. He must have felt very special and excited as he turned the leaves of the sacred plates.

Samuel had a strong desire to preach the gospel, and the Lord called him to be the first missionary sent out by the restored Church. He was called to go to northern New York. He filled a backpack full of copies of the Book of Mormon and started off on his mission.

Samuel did a lot of walking; in fact he walked twenty-five miles the first day. He talked to a lot of people along the way, but no one wanted to buy or read the Book of Mormon. He was tired and hungry, and finally come to a large inn.

Samuel entered the inn to see if he could sell a copy of the book of Mormon. When he told the innkeeper that the book was translated from gold plates that had been buried in the ground, the man called him a liar and turned him out of the inn.

Samuel felt very discouraged. He walked another five miles down the road until he came to a large apple tree. He spent the night trying to sleep there on the cold, hard, ground.

By the time Samuel woke up the next morning he was really hungry. A poor widow felt sorry for Samuel and invited him into her house, where she fed him a good breakfast. Samuel gave her a Book of Mormon for payment for his meal and knew she would be converted if she read it with a prayerful heart.

Samuel left the widow's home and walked eight miles until he came to the home of John P. Greene, who was a Methodist minister. Mr. Greene was not interested in reading the Book of Mormon, but he agreed to see if any of his friends might be interested in it, so Samuel left a copy with him. Upon returning to Mr. Greene's three weeks later, Samuel found that no one had wanted the book, but Mr. Greene's wife, Rhoda, had read it and was convinced it was true. Later she talked her husband into reading it, and he was converted also. Both were baptized into the Church.

Samuel continued on his mission until all of his books were gone. Early in that mission one of his books had been purchased by a man named Phinehas Young. This book was passed around to his family and friends, and several of them were converted to the Church from this one book alone. Included in those who were converted were Brigham Young and Heber C. Kimball. Brigham Young become the second President of the Church and brought the pioneers across the plains. Heber C. Kimball was a counselor to Brigham Young and the grandfather of Spencer W. Kimball, who became president of the Church.

Sometimes one mission and two books can be very important.

(Allan K. Bugess and Max H. Molgard, *Funf or Family Night: Book Two, Church History Edition*, [Salt Lake City: Bookcraft, 1992], p. 143.)

### **Activity:**

Play "Who's Knocking?"

Have a person stand in a corner, facing the wall with his eyes closed.

Have someone come up and tap on his back. The person in the corner asks, "Who's knocking?" The person who tapped answers in a disguised voice, "It is I."

Give the person in the corner one guess as to who it is. If he guesses correctly, he trades places with teh tapper. If the person in the corner guesses incorrectly, the person whose name was guessed by mistake answers, "It is not I," and a second person comes up and taps.

If the person in the corner fails to guess three different people who tap, he picks someone else to take his place.

(George and Jeane Chipman, *Games! Games! Games!*, [Salt Lake City: Shadow Mountain, 1983], p. 154.)

## Refreshment

### Ifs, Ands, and Nuts Cookies

Makes 2 1/2 dozen cookies

2 cups flour

2 teaspoons baking soda

1 cup butter

1 1/2 cups packed brown sugar

1/2 cup granulated sugar

1 1/4 cups chunky peanut butter

2 eggs

1 cup chopped, unsalted, twice-roasted peanuts

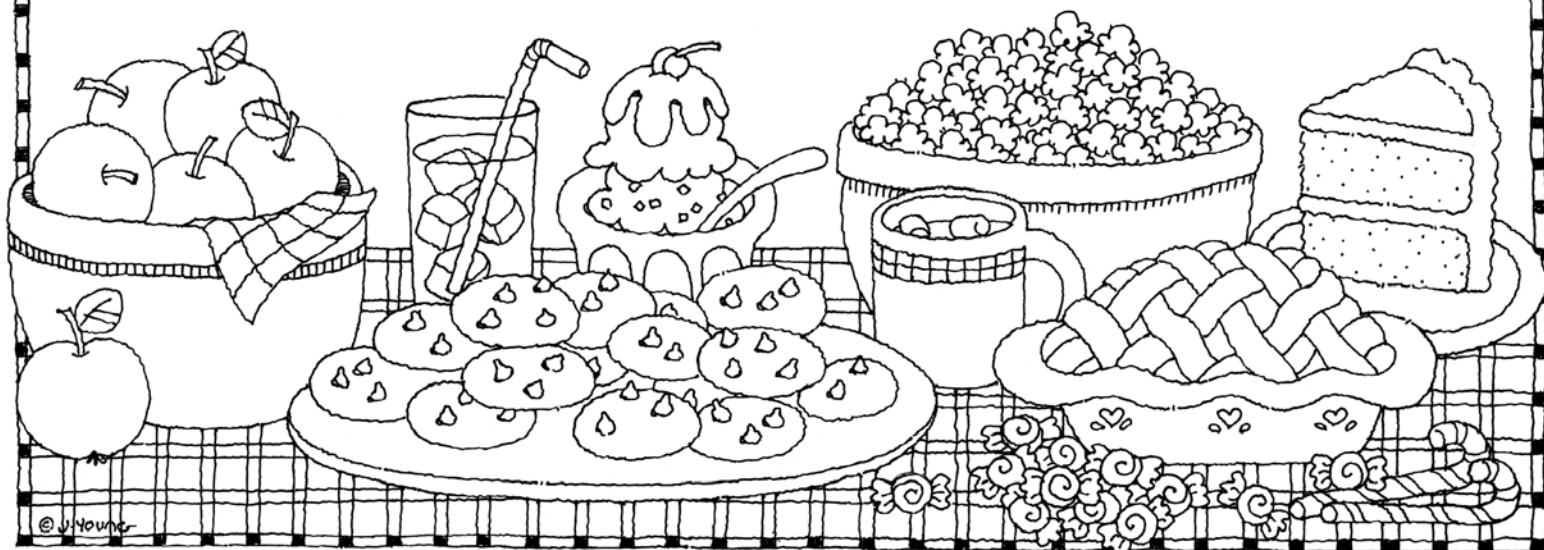
2 1/2 cups semisweet chocolate chips

1 cup peanut butter chips

Preheat oven to 350 degrees F. Do not grease cookie sheet.

Sift together the flour and soda. Set aside. Beat butter, sugars, and peanut butter in a separate bowl until fluffy. Add eggs and dry ingredients and mix well. Stir in peanuts, chocolate chips, and peanut butter chips. Shape into small balls and place on an ungreased cookie sheet. Flatten with a glass dipped in sugar or make a crisscross with a fork. Bake 8 to 10 minutes.

(*Lion House Cookies and Sweets*, [Salt Lake City: Deseret Book, 2012] p. 30.)



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