



strengthening  
our home  
and family

## **Deseret Book®**

Family Home Evening Materials

### Theme: Individual Worth

Packet #100408

#### **5 tips for successful Family Home Evenings**

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

# Individual Worth

## Conference Talk:

For more information on this topic read "One among the Crowd," by Dennis B. Neuenschwander, *Ensign*, May 2008, 101–3.

## Thought:

Alma alone took to heart what Abinadi had taught. With courage he stepped away from the crowd to follow the Lord. The influence of this one man among the crowd on the course of Nephite history is immeasurable.

(Dennis B. Neuenschwander, "One among the Crowd," *Ensign*, May 2008, 101–3.)

## Song:

"God is Watching Over All," *Children's Songbook*, p.229.

## Scripture:

Remember the worth of souls is great in the sight of God.

(Doctrine and Covenants 18:10)

## Object Lesson:

Materials needed: An apple, an orange, and a banana.

Procedure: Ask which of the fruits you display is better than the others. Ask for personal favorites. Explain that even though you might like one kind of fruit better than another, it does not take away from the value of the other fruits; and explain that not everyone will prefer the same kind of fruit over another.

Liken the fruit to people. People are just a little different from each other in personality and in physical stature, but that does not lessen their worth to their Father in Heaven.

(Beth Lefgren and Jennifer Jackson, *More Power Tools for Teaching*, [Salt Lake City: Bookcraft, 1991], p. 36.)

## Story:

by President Nathan Eldon Tanner

I would like to tell you one or two experiences that I have had in my life. You know, when I was a young man my father pointed his finger at me and said, "Young man, I want you to realize that this world is divided into two great groups—you, and the rest of the world." He was serious about it, and he made me feel serious about it before we had finished talking. He said, "Regardless of what the rest of the world does, it cannot save you; and regardless of what the world does, it cannot destroy you. It is what you do yourself that determines what is going to happen, whether you are going to be loved and respected and happy and successful while you are living here, and whether or not you are going to meet your Heavenly Father the way you would like to meet him."

When I was president of the Edmonton (Alberta, Canada) Branch we had a young man there who was the only member of the Church on his high school basketball team. That young man and I were pretty close friends, though he was only a sixteen-year-old boy. He said to me, "You know, I don't know how I am going to hold up."

I said, "Listen, you have something that these boys don't have. They don't know anything about our Word of Wisdom. They don't know several things that we have in the Church. They don't know several things that we have in the Church. They don't know that they are spirit

children of God. If I were you, I would just tell these boys something about the Word of Wisdom, and how these things may destroy your body, and how detrimental they are to you, and how they will impede your playing, and so on."

You know, he set out to do that, and he became more or less a hero with those boys. Before that year was over, there wasn't a single boy on the team who was using tobacco. Now, how easy it would have been for him to follow those boys and be one of them. You know, it is easy for anybody to be a follower, and he doesn't gain much by doing it, unless he is following the righteous.

It is a little difficult to be a leader, to take your stand. We have an individual responsibility. The world is divided into the two great groups, and remember, you are one of them. The individual is one of them, and his success depends upon his individual stand.

(Leon R. Hartshorn, *Outstanding Stories by General Authorities, Vol. 1*, [Salt Lake City: Deseret Book, 1970].)

**Activity:**

Play "Fruit Basket Upset."

Seat everyone in a circle of chairs, one chair less than the number of players. Players are assigned to be an "apple," "banana," or "orange."

The person who is "it" stands in the center of the circle, with all other players sitting down. "It" calls out the name of a fruit; everybody who is that fruit must jump up, run to another empty chair and sit down. "It" also tries to get a seat while they are changing seats, so there should be a new "it" (the person left without a chair) each time.

If "it" wants to, she can have *everybody* get up and change seats by calling "Fruit Basket Upset."

# Refreshment

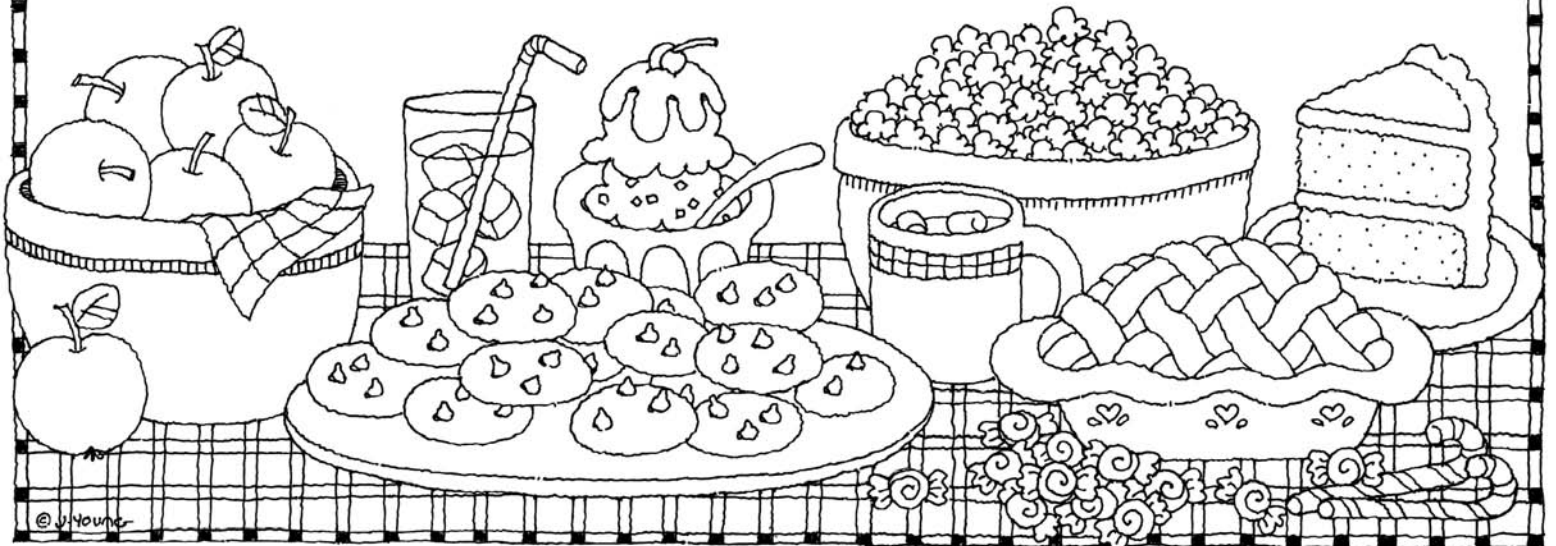
## Biscuit Treasures

1 can refrigerated biscuit dough  
Butter  
Cinnamon  
Sugar  
Jam or jelly (optional)

TAKE THE BISCUITS OUT of the cardboard tube. Separate and flatten each biscuit individually on a cutting board, using your hand, a rolling pin, or the side of a straight drinking glass. In the center of each biscuit put a small dollop (about a measuring teaspoon) of butter. On top of that, put a teaspoon of sugar, followed by a sprinkling of cinnamon. If you prefer, you can use a teaspoon of jam or jelly instead of the sugar and cinnamon.

Tightly pinch together the edges of the biscuits so that the filling won't leak out. Put the biscuit pouches on a cookie sheet and bake according to the directions on the biscuit can. Serves 4 to 6.

(Clark L. and Kathryn H. Kidd, *52 Weeks of Recipes for Students, Missionaries, and Nervous Cooks*, [Salt Lake City: Deseret Book, 2007], p. 90.)



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