



strengthening
our home
and family

Deseret Book®

Family Home Evening Materials

Theme: Learning

Packet #110211

5 tips for successful Family Home Evenings

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax and enjoy it.** The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.



Learning

Conference Talk:

For more information on this topic read “Waiting on the Road to Damascus,” by Dieter F. Uchtdorf, *Ensign*, May 2011, 70.

Thoughts:

Those who diligently seek to learn of Christ eventually will come to know Him.

(Dieter F. Uchtdorf, “Waiting on the Road to Damascus,” *Ensign*, May 2011, 70.)

Song:

“Teach Me to Walk in the Light,” *Children’s Songbook*, p. 177.

Scripture:

Whatever principle of intelligence we attain unto in this life, it will rise with us in the resurrection. And if a person gains more knowledge and intelligence in this life through his diligence and obedience than another, he will have so much the advantage in the world to come.

(Doctrine and Covenants 130:18-19)

Object Lesson:

Materials Needed: A bowl filled with wheat or other whole grain.

Procedure: Ask what would happen if this grain was left in a dry place. Ask what would happen if it was planted and given water. Discuss.

Give a definition of wisdom (ability to judge what is right or true). Explain that the grain is like knowledge. To learn from that knowledge, experience and time must be added. Ask how experience added to knowledge can make wisdom.

(Beth Lefgren and Jennifer Jackson, *More Power Tools for Teaching*, [Salt Lake City: Bookcraft, 1991], p. 102.)

Story:

Her lifelong dream had turned into what now seemed like a nightmare. During the long, hot summer days of picking potatoes and cucumbers, Alice had envisioned herself walking across the campus as a student at Brigham Young University. It was the goal that had kept her going when she would otherwise have given up.

Her determination had brought her to BYU for fall semester. And now the frustration, the pressure, the anguish that she faced seemed more like a nightmare than a reward for such effort. She hadn’t planned it this way. In fact, after arriving she had hardly planned at all.

Alice was one of the students in my class. Somehow she hadn’t realized the

big difference between going to school and learning. She found the social side of college life more enticing than studying and learning. The urgency of preparing for her final exams hit her only after the opportunity for preparation had almost passed. It all seemed like a nightmare now. She must not fail, but she was unprepared. She had not committed herself to an education; she was just going to school.

She remembered people often asking her back home, “What do you want to be when you grow up?” Growing up had seemed so far away until this day. Now she was searching for the answer to that question, not for them but for herself. What did she want to do with her life and how did an education fit in?

Sister Camilla Kimball said, “What we must be concerned with is preparation for life, and that preparation is continuing education. Whether it is to earn a living or to rear a family, men and women both need to have the knowledge that enhances their natural talents.” (Address at Spencer W. Kimball Tower dedication, Brigham Young University, March 9, 1982.)

As we seek to know the Lord’s will and choose to carry it out, he will be there to guide us, to love us, to watch over us, to help us progress and learn. And because of our much learning, there will be many opportunities when our influence, our wisdom, our voice, and our vote will make the difference. (Ardeth Greene Kapp, *I Walk by Faith*, [Salt Lake City: Deseret Book, 1987].)

Activity:

A person claps only the rhythm of a known hymn or primary song. The other players try to name the hymn from the rhythm being clapped. The person who guesses correctly gets to be the next clapper.

Refreshment

Pumpkin Pie Milkshake

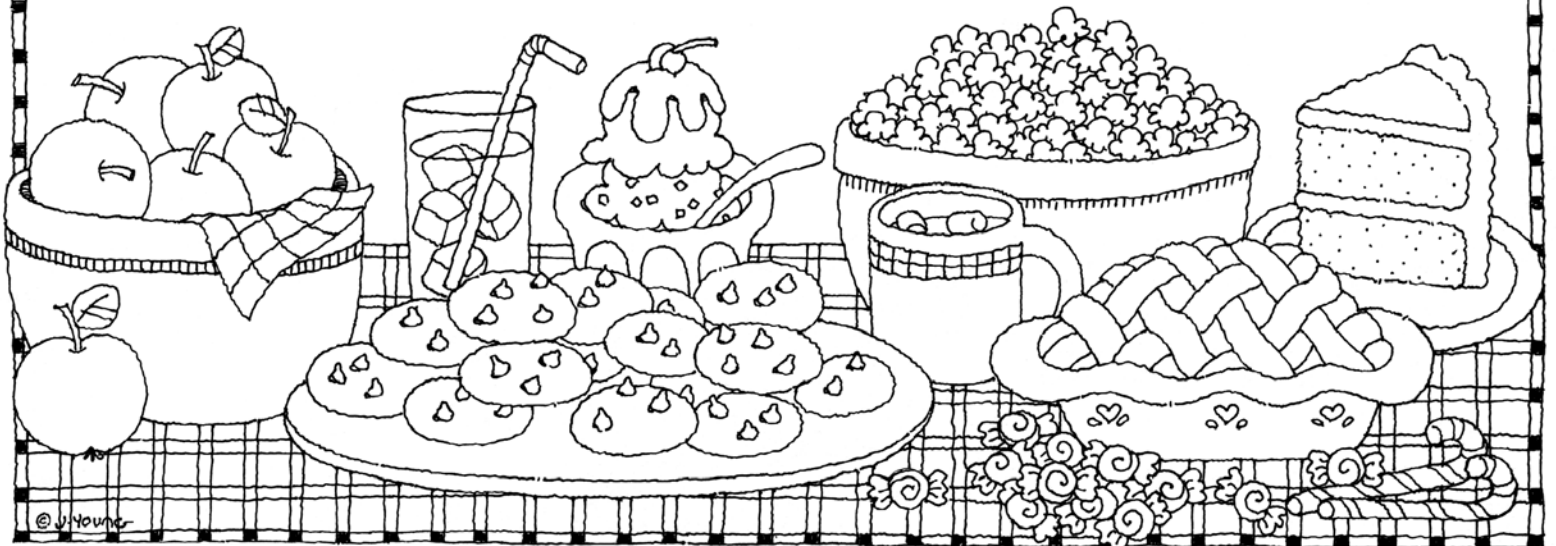
Even if you're not crazy about pumpkin pie, this festive, spiced milkshake is guaranteed to be a hit. It's one of our favorite family night treats during the fall and winter months!

- 1/3 cup pumpkin purée
- 1/4-1/2 cup milk
- 1/4 teaspoon vanilla
- 1/2 teaspoon cinnamon
- Pinch of cloves
- Pinch of nutmeg
- 2 tablespoons brown sugar
- 2 cups vanilla ice cream
- 1-2 graham crackers, crushed

1. Combine all the ingredients, except the graham crackers, in the blender and blend until the desired consistency is reached. Add more milk if desired.

2. Pour into individual serving glasses, sprinkle with graham cracker crumbs, and serve immediately.

(Sara Wells and Kate Jones, *Our Best Bites*, [Salt Lake City: Shadow Mountain, 2011] p. 244.)



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