



strengthening  
our home  
and family

## **Deseret Book®**

Family Home Evening Materials

Theme: Purity

Packet #040408

### **5 tips for successful Family Home Evenings**

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.



# Purity

## Conference Talk:

For more information on this topic read “Blessed Are All the Pure in Heart,” by L. Whitney Clayton, *Ensign*, Nov 2007, 51–53.

## Thought:

When we live right and seek to purify our hearts, we draw closer to God and the Spirit.

(L. Whitney Clayton, “Blessed Are All the Pure in Heart,” *Ensign*, Nov 2007, 51–53)

## Song:

“The Lord Gave Me a Temple” *Children’s Songbook*, p. 153.

## Scripture:

And blessed are all the pure in heart, for they shall see God.

(3 Nephi 12:8)

## Lesson:

Copy and cut out the following word strips:

### Replace . . .

Think Bad Thoughts  
Look at Pornography and Bad Movies  
Ignore Parents  
Swear and Talk Dirty  
Hang Out with Bad Friends  
Act Immorally  
Drink, Smoke, and Take Drugs  
Read Dirty Books  
Wear Immodest Clothing  
Never Pray  
Walk in the Ways of the World

### With . . .

Have Good Thoughts  
Only Watch Uplifting Things  
Listen to Parents  
Speak like a Child of God  
Stand Close to Good Friends  
Stay Morally Clean  
Live the Word of Wisdom  
Read the Scriptures  
Dress Modestly  
Pray Often  
Follow Jesus Christ

Place the good word strips in an envelope. Get two dolls to use as a patients. Tape the bad word strips on the applicable part of the patients’ bodies. For example, place the word strip “Think Bad Thoughts” on the patient’s head. Each patient should be suffering from five bad word strips. For added fun, gather medical supplies to enhance the role-playing of the operation. Don rubber gloves when it is your turn to be the surgeon. If you have a play stethoscope or other doctor equipment such as a surgical mask, place these in a bag you have labeled “Dr. Kit.”

Begin by telling the family that they get to be doctors. Some of their patients are in serious trouble and they will need to perform life-saving operations to help them. The purpose of the operation is correct all the things that are wrong with these patients so that they can be married in the temple.

Have each family member take a turn being the doctor. Put on the doctor gear and remove the wrong actions from the patients, replacing them with the right actions. Have family members guess what the correct behavior would be in each situation, then the surgeon can find the correct

strip in the envelope. Discuss with the family why the bad behavior would keep the patient out of the temple. Emphasize that even small things can have big consequences, and correcting these little things now can make a difference later on.

After all the changes have been made, tell the family that this really was a life-and-death situation. The patient's *spiritual* life was at stake. Without the operations they would have spiritually died and they would not have been able to be with an eternal family forever. Bear your testimony of the importance of staying morally clean

(Deborah Pace Rowley, *Before They Turn Twelve*, [Salt Lake City: Deseret Book, 2007], p. 57.)

## Story:

Many years ago Japan was walled in as a nation. During that time learned men studied nature and met little groups of men and women at night and taught them lessons on life.

One morning when one of these learned men was about to leave the gates of the city to go out to study nature, a workman stopped him and said, "When you come in tonight from your studies, will you please bring me a rose that I may study the whorl of the petals as you pointed out last night?"

"Yes," said the learned man, "I will bring you a rose." He had not gone far before a second man accosted him, saying, "Will you please bring me a hawthorn twig tonight?"

"Yes," said the professor. And, even before he got through the gate, a third accosted him, saying, "Will you please bring me a lily that I might see the lessons of purity that you gave us last evening?" And the professor answered, "I will bring you a lily."

Just as the sun was setting in the west, the professor entered the gate of the city, where the three men met him. To the first he gave the rose; to the second he gave the hawthorn twig; to the third he gave the lily.

Suddenly the man with the rose said, "Why, here's a thorn on the stem of my rose!" And the second said, "And here's a dead leaf clinging to my hawthorn twig!" And the third, encouraged by that faultfinding, said, "And here's dirt clinging to the roots of my lily!"

The professor took the rose from the first, the twig from the second, the lily from the third. He broke the thorn from the stem of the rose and handed it to the first; he plucked the dead leaf from the twig and put it into the hands of the second; he took the dirt from the roots of the lily and gave to the third. Keeping the rose, the twig, and the lily, he said, "There, each of you has what attracted him first. You looked for the thorn and found it. It was there. I left it purposely. The dead leaf was left on the twig, and you saw it first. Purposely I left the dirt on the roots of the lily, and the dirt was the first thing you saw. Each of you keep what attracted your attention; I will keep the rose, the twig, and the lily for the beauty I see in them."

. . . We shall be happier and better if we [strive for] the rose, and the twig, and the lily in the [world around us rather than the dirty or ugly things.]

(Compiled by Clare Middlemiss, *Cherished Experiences from the writings of President David O. McKay*, [Salt Lake City: Deseret Book, 1955].)

## Activity:

Play "Stepwords."

Stepwords are pairs of words of equal length which can be changed from one to the other by switching one letter at a time and forming a new word with each letter switch. For example, change **black** to **white** by forming these words: black-slack-stack-stalk-stale-shale-whale-while-white. Make certain the words you choose can be changed (some can't be). Some sample stepwords include dry-wet, heat-cold, east-west, poor-rich, sick-well.

Strive to change bad things in our lives to good things.

(Alma Heaton, *The LDS Game Book*, [Salt Lake City: Bookcraft, 1968], p. 152.)

## Refreshment

### Raspberry Delight

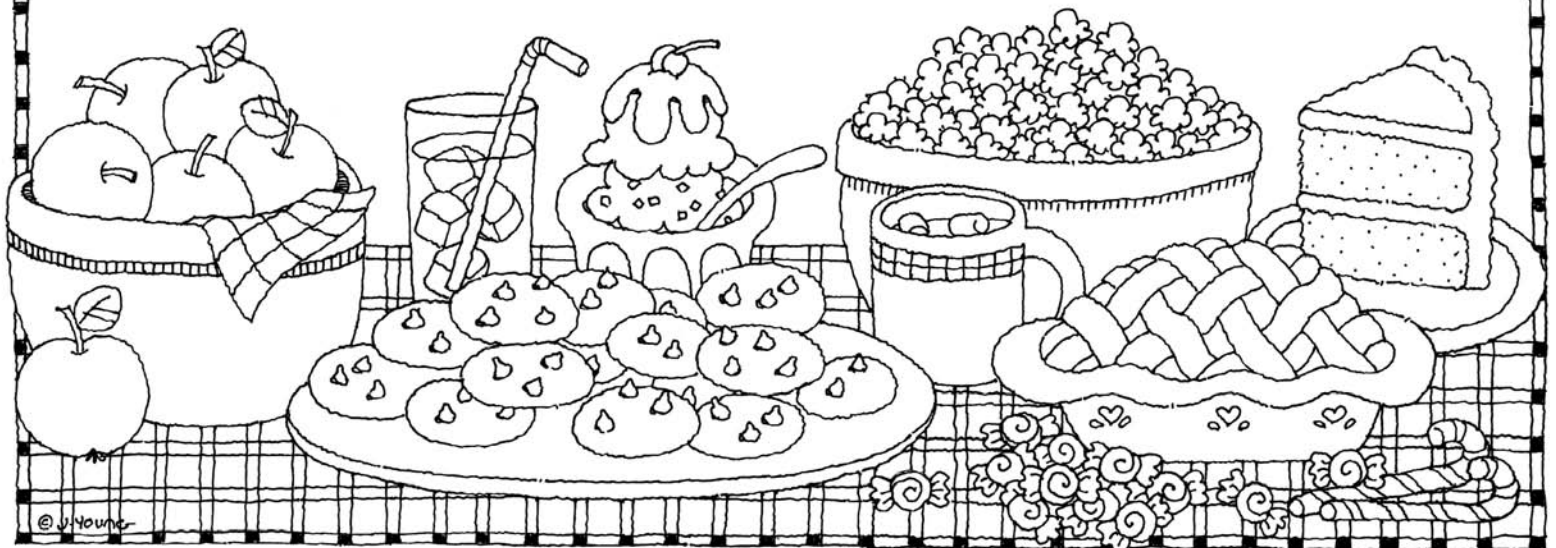
1/2 c. margarine, melted  
1 1/2 c. flour  
8 oz. cream cheese  
1 (8 oz.) tub Cool Whip®, thawed  
1 c. powdered sugar  
1 3/4 c. granulated sugar  
6 Tbs. cornstarch  
2 c. water  
1 small pkg. raspberry Jell-O®  
2 Tbs. butter  
1/2 tsp. almond extract  
Whipped cream or Cool Whip®, for topping

Preheat oven to 375° F. Combine margarine and flour and press mixture into bottom of a 9x13-inch baking pan. Bake for 15 minutes. Let cool.

In a large bowl, blend cream cheese, Cool Whip, and powdered sugar. Spread over cooled crust.

Put sugar, cornstarch, water, and raspberry Jell-O in a medium saucepan and cook over medium-high heat until thickened, stirring continuously to dissolve Jell-O. Remove from heat; stir in butter and almond extract. Let mixture cool, then spread over cream cheese mixture. Chill in refrigerator six hours. Top with whipped cream.

(Elaine Cannon, *Five-Star Recipes from Well-known Latter-day Saints*, [Salt Lake City: Eagle Gate, 2002], p. 204.)



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