



strengthening
our home
and family

Deseret Book®

Family Home Evening Materials

Theme: Truth

Packet #110208

5 tips for successful Family Home Evenings

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

Truth

Conference Talk:

For more information on this topic read “The Power of Light and Truth,” by Robert R. Steuer, *Ensign*, May 2008, 99–101.

Thought:

To be at peace in these wonderful yet challenging times, we must learn true doctrine, gain pure testimony, and live the truths of the gospel courageously.

(Robert R. Steuer, “The Power of Light and Truth,” *Ensign*, May 2008, 99–101.)

Song:

“I Am a Child of God,” *Children’s Songbook*, p. 2.

Scripture:

And now, as the preaching of the word had a great tendency to lead the people to do that which was just—yea, it had had more powerful effect upon the minds of the people than the sword, or anything else, which had happened unto them—therefore Alma thought it was expedient that they should try the virtue of the word of God.

(Alma 31:5)

Lesson:

Bring several different light sources to family scripture study—for example, a match, an oil-burning lamp, a flashlight, and a table lamp. Without giving any explanation, make the room as dark as possible and then use the light source that gives out the least amount of light. Then add the next brightest light source and continue on until you use the one that gives off the most light. Ask:

- What happened to the darkness with each new light source? (As the light increased, the darkness decreased.)
- Which light would you prefer if you were alone in the dark? Why?
- According to D&C 50:24, where does all light come from?
- Do you know some people who seem to have more “light” than others?

Read together D&C 93:23–36 and discuss the following questions:

- How would you define truth? (Verse 24.)
- Where does all truth come from? (Verse 26.)
- In what ways is truth similar to light?
- If we want more light and truth, what must we do? (Verses 27–28.)
- What other word is used for “light and truth” in verse 36? (Intelligence.)

Show again the different light sources and ask your family to think about which one might best represent them at the present time. Help them know that they can increase their light and truth by keeping the commandments.

(Dennis H. Leavitt and Richard O. Christensen, *Scripture Study for Latter-day Saint Families: The Doctrine and Covenants*, [Salt Lake City: Deseret Book, 2004], p. 202-3.)

Story:

Philo Dibble

One morning I was standing at my gate when two men drove up in a two-horse wagon . . . one asked me if I had heard the news, and informed me that four men had come to Kirtland with a golden

Bible and one of them had seen an angel. They laughed and ridiculed the idea, but I did not feel inclined to make light of such a subject. I made no reply, but thought that if angels had administered to the children of men again I was glad of it; I was afraid, however, it was not true. . . .

The following morning I hitched up my carriage and drove to Kirtland, one of my neighbors accompanying us with his team and family. On arriving there, we were introduced to Oliver Cowdery, Ziba Peterson, Peter Whitmer, Jr., and Parley P. Pratt. I remained with them all day, and became convinced that they were sincere in their professions. . . .

That evening [Oliver] preached at Brother Isaac Morley's, and . . . dwelt upon the subjects of repentance and baptism and the bestowal of the Holy Ghost, and promised that all who embraced these principles with honesty of heart should receive a testimony. He also requested all who wished to be baptized to make it manifest by arising. Five persons, among whom were William Cahoon and myself, arose. I then made preparations for baptism by borrowing a suit of clothes. My wife thought I was too hasty, and said if I would wait awhile perhaps she would go along with me. She was a Baptist by persuasion. I paid no heed to her, but went forthwith and was baptized by Parley P. Pratt. This was on the 16th of October, 1830. When I came out of the water, I knew that I had been born of water and of the spirit, for my mind was illuminated with the Holy Ghost. . . .

The next morning I started home a happy man. All my neighbors were anxious to know the result of my visit to Kirtland, and I was visited by two Campbellite preachers, named respectively Scott and Williams, one of whom remarked, "Mr. Dibble, I understand you have joined the 'Mormons.' What reason have you to believe they have the truth?"

I told them, "The scriptures point to such a work, which should come forth."

He then asked me where I found it. I took the Bible and opened it where it speaks of truth springing out of the earth, and righteousness looking down from above. He read it and handed it to the other preacher. They made no comments.

I bore my testimony to them of what I had received, and Mr. Scott said, "I don't doubt, Mr. Dibble, that you have received all you say, because you are honest, but they are impostors."

I then asked Mr. Scott if he believed the Lord would bless the labors of a false prophet, to which they did not stop to reply but left, and told the people it was no use talking to me.

One of my neighbors came to me and said, "We have sent a man down to York State to find out the truth of this work, and he is a man who will not lie. If he returns and says it is false, will you believe him?"

I told him I would believe the truth, and asked him if that man (whose name was Edward Partridge) should come back and say it was false if he would believe him.

He replied, "Yes; for he is a man who would not lie for his right arm!"

I then added, "If he says it is true, will you then believe him?" to which he reluctantly replied that he would.

Shortly after this, however, when Brother Partridge wrote back and said that he had been baptized, and was then preaching the gospel, this man shunned me, and for a long time afterwards gave me no chance to talk with him. But when we met, I asked him what he thought of Brother Partridge, and he replied that he was honest, but had been deceived.

(Jay Parry, Jack Lyon, and Linda Gundry, *Best-Loved Stories of the LDS People, volume 3*, [Salt Lake City: Deseret Book, 2000], p 508-511.)

Activity:

"It" stands in the middle of a circle of players. A piece of string long enough to go around the circle is slipped through the string and the ends tied. All players in the circle grasp the string. "It" counts to ten with eyes closed so as to not see the ring passed initially. The ring is concealed under a player's hand and is passed from player to player. "It" must find the player under whose hand the ring is concealed. The player caught with the ring becomes "it." The truth is often hidden and we must search it out.

(Alma Heaton, *The LDS Game Book*, [Salt Lake City: Bookcraft, 1968], p. 95.)

Refreshment

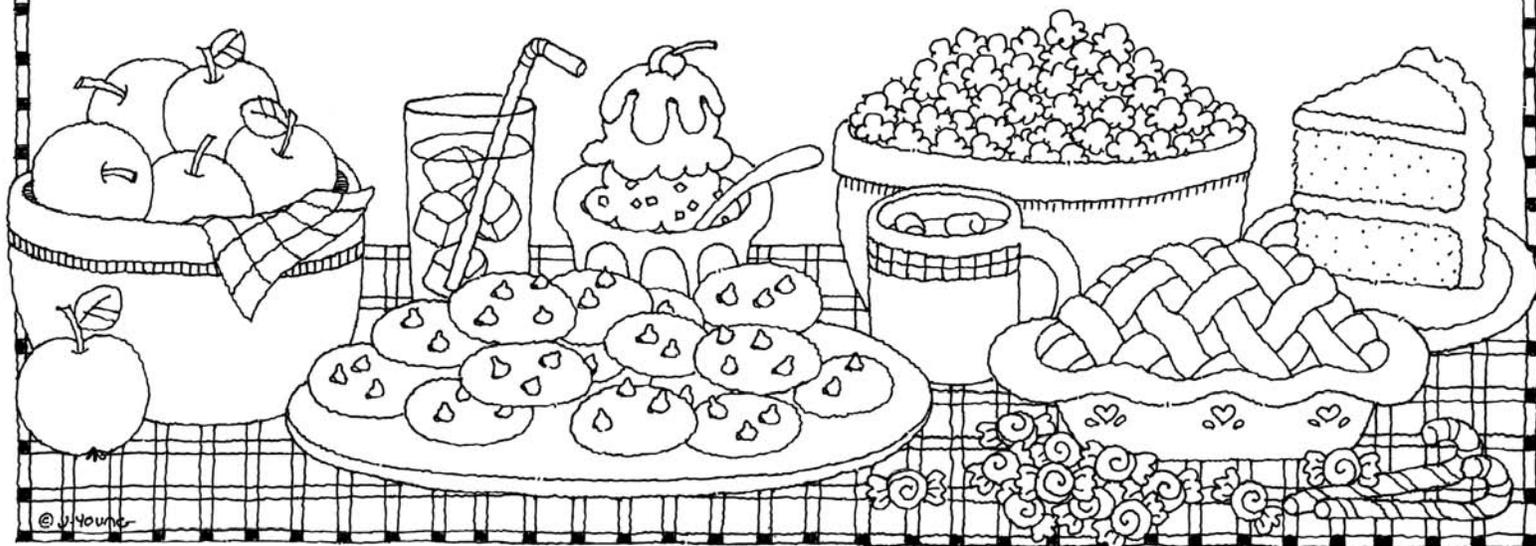
Baked Apples

A sweet and spicy side dish.

- 6 apples (Rome beauties work well)
- 1/4 cup cranberries
- 1/4 cup walnuts
- 1/4 cup packed brown sugar
- 1/4 cup bread crumbs
- 1 teaspoon cinnamon
- Zest of 1 lemon
- 3 tablespoons butter, melted

Core apples. Remove a 1/2-inch slice from the bottom of the apples so they will sit flat in a pan. Place in a greased baking dish and set aside. In a bowl, combine remaining ingredients. Stuff apples with mixture. Bake, covered with foil, at 375 degrees for about 25 minutes or until filling is cooked and bubbly. Makes 6 servings.

(Julie Badger Jensen, *Essential Mormon Celebrations*, [Salt Lake City:Deseret Book, 2005], p. 123.)



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