



strengthening
our home
and family

Deseret Book®

Family Home Evening Materials

Theme: Worthiness

Packet #060112

5 tips for successful Family Home Evenings

1. **Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
2. **Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
3. **Involvement.** Involve everyone in the family; help little children take part.
4. **Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
5. **Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.

Worthiness

Conference Talk:

For more information on this topic read “We are All Enlisted,” by Jeffery R. Holland, *Ensign*, Nov 2011, 44.

Thought:

In almost all athletic contests of which I know, there are lines drawn on the floor or the field within which every participant must stay in order to compete. Well, the Lord has drawn lines of worthiness for those called to labor with Him in this work. . . . I am asking you . . . to be active and be clean. If required, I am asking you to *get* active and *get* clean.

(Jeffery R. Holland, “We Are All Enlisted,” *Ensign*, Nov 2011, 44.)

Song:

“I Will Be Valiant,” *Children’s Songbook*, p. 162.

Scripture:

That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;

(Colossians 1:10)

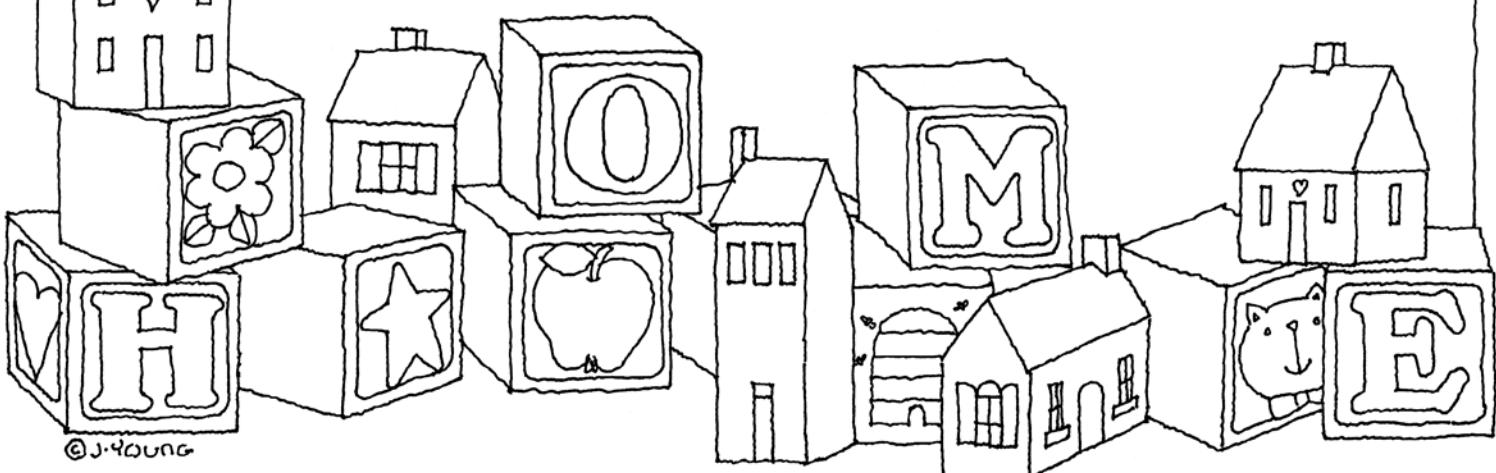
Lesson:

Share the following story: While a young man was preparing for a mission, he was seriously hurt at work. He was taken to a hospital and prepared for surgery. While the young man was lying on a hospital gurney, his father, a worthy priesthood holder, asked the male nurse standing next to him if he was a member of the LDS church. “Yes,” came the response, “Will you help me give my son a blessing?” The reply was never to be forgotten: “I can’t. I’m not worthy.” While the young man was lying there in pain listening to the conversation, he vowed to himself never to be in a position where his faith or priesthood could not be used to bless the life of another.

Discuss with your family why it is important to always be worthy. Then read together Mosiah 21:32–35. Ask the following questions:

- Who declined an opportunity to baptize Limhi and some of his people?
- Why did Ammon decline?
- How would you feel if you were in Ammon’s position?
- What do we learn about Ammon’s truthfulness?
 - What can we do to make sure we are always worthy to exercise our faith or priesthood to benefit the life of another?

(Dennis H. Leavitt and Richard O. Christensen, *Scripture Study for Latter-day Saint Families: The Book of Mormon*, [Salt Lake City: Deseret Book, 2003], p. 142.)



Story:

by Harold B. Lee

When our older daughter was to be married to a fine Latter-day Saint boy, the two mothers were talking to each other, and the mother of our daughter said, "You know, from the time my little girl was born, I have been praying all my life that somewhere a mother would be preparing a son worthy to marry my daughter." And this other mother smiled and said, "Isn't that strange? This is my only son who is being married to your daughter, and ever since he was born, I, too, have been praying that somewhere there would be a mother preparing a daughter worthy to meet and to marry my son." That is the kind of home attention that will make us and our homes stronger today.

(Leon R. Hartshorn, *Classic Stories from the Lives of Our Prophets*, [Salt Lake City: Deseret Book Company, 1971].

Activity:

Play "Line Challenge."

Divide the family into two teams.

Make a boundary line down the middle of the playing area, using tape on the floor, a hose on the lawn, a mark in the dirt, etc.

Line up the teams on both sides of the line so that the teams are facing and within arm's reach of each other.

At the signal to start, each team tries to pull opposite team members over the line to its side. If successful, the person joins that side. A person is over the line as soon as both feet are past the line and no one from his own team is touching him.

The game can be one-on-one challenges, mass team pulls, or one-on-one with others coming to the rescue.

The game is over as soon as one team wins all the players.

(George and Jeane Chipman, *Games! Games! Games!*, [Salt Lake City: Shadow Mountain, 1983], p. 87.)

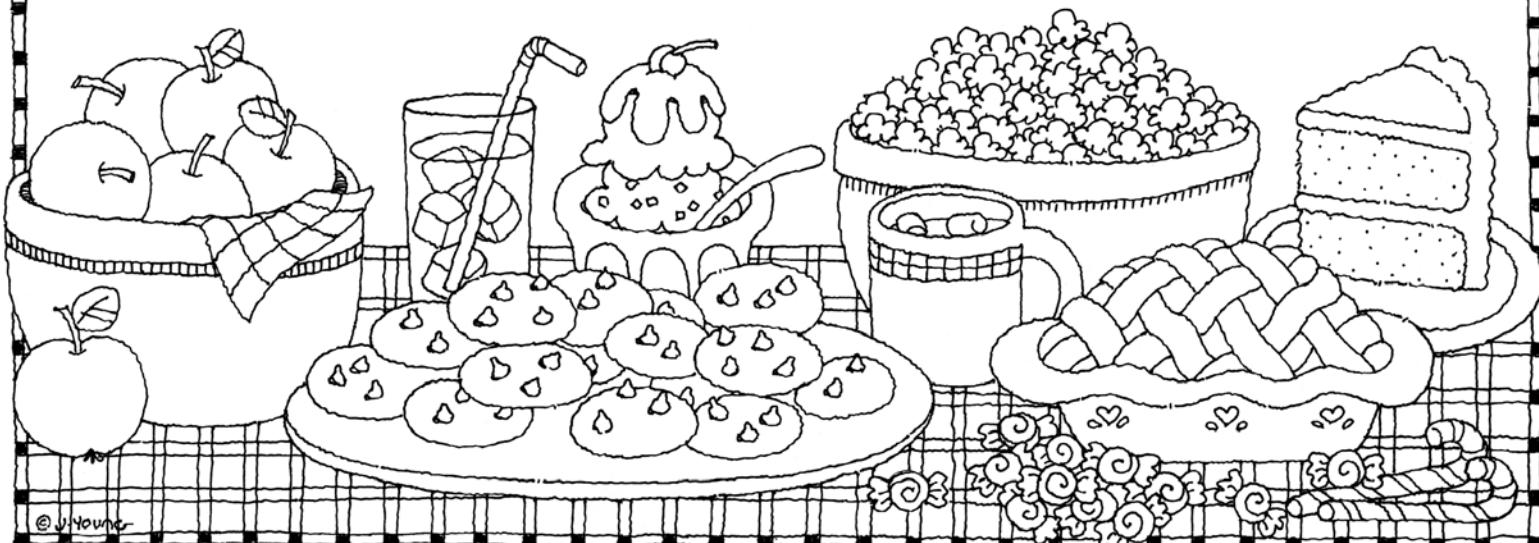
Refreshment

Easy Cherry Cheesecake

2 cups graham cracker crumbs
1/2 cup melted margarine or butter
1 8-ounce package cream cheese, softened
2 tablespoons milk
1 cup powdered sugar
1/2 teaspoon vanilla
2 cups whipped topping (1 envelope mix prepared by package directions)
1 can cherry pie filling

In a 9x13x2-inch pan, mix graham cracker crumbs with melted margarine. Use a fork and level well, then press firmly in bottom and along sides of pan. In a medium bowl, combine and mix the cream cheese, milk, powdered sugar, and vanilla until smooth. Fold in the whipped topping. Spread over cracker crumbs, then cover with chilled cherry pie filling. Chill 2 hours. Makes 18 to 24 servings.

(*Lion House Desserts*, [Salt Lake City: Eagle Gate, 2000], p. 15.)



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